



LENNOX HEAD COMMUNITY PRESCHOOL

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New Preschool Update

We will be having a meeting with the council, architect and RFS about the planning and development of the site.

FIRE TRAINING

Here are some pointers which the parents who attended would like to share:

- avoid dust build up on power boards
- Do not overload power boards
- Be aware of the surfaces which phones, tablets and computers are rested on.
- the first thing I did was go out and buy a fire blanket. Every house should have one just like the smoke alarms.
- Stopped using the clothes dryer for 10 -15 minutes on hot, turning it off and then leaving the clothes inside it to cool down on their own. This can combust.
- Smoke alarms inside each bedroom. If not in the room then by the time the smoke reaches the alarm, it is often too late.

FEES

Please ensure these are paid in advance before we commence Term 3. Reminder that Term 4 fees are required to be finalised by Week 7 in Term 4.

BIG SCHOOL


Our Transition to School Meeting has been locked in with Holy Family. This will be happening in the coming weeks. Families attending Holy family in 2020 will need to complete and return their transition forms.

DATES TO REMEMBER


TERM 1 (Completed)

TERM 2 (Completed)



TERM 3 Mon 22 July - Fri 27 Sept 2019


Wk 2  2020 Enrolments begin!!!

Wk 2-3  RSL Life care visit.

Wk 3-4  We visit **Dr Angus Lambie, Lennox Dental** to further learn why/how we look after our oral health


Wk 4  **Gigalees clowns** visit all groups this week.

Wk 5   Book Week. We will be visiting the local library and freeing in our favourite book costume.

Wk 6  Ballina School Dance troupe will be coming to preschool to share their cultural dances

Wk 7  **Father's Morning, Sat 7th Sept 2019**

A time for Dad/Granpa/Uncle to share the preschool experience. This is for children attending big school in 2020. Please select a session at your sign in area (8.00am-9.30am or 10.00am-11.30am)

Wk 10  2-day groups visit **Trevor, Lennox Head Butchery & Deli** to learn about our organs & bodies.

Term 4 Mon 14 Oct - Thu 12 Dec (*Fri 13 is Pupil Free)

Wk 6  **End of Year Concerts** for 2-day groups on Nov 19 & 21. (TBC)

Wk 9  **Carols in the Park** Sun 1 Dec (subject to change)

Wk 9  End of year show by **Dr Hubble Bubble**

2020

19th-25th Jan - Orientation night for parents and orientation days for new families will be held the week before we recommence for 2020.

Term 1 Tuesday 28th January (Pupil Free Day).
Children commence Wednesday 29th January - Thursday 9th April

Term 2 Monday 27th April - Friday 3rd July

Term 3 Monday 20th July - Friday 25th September

Term 4 Monday 12th October - Friday 17th December

EVERY CHILD
is gifted.
THEY JUST UNWRAP
their packages
at different times.

2019 Preschool Management Meetings > 7pm, at Preschool.

Thu 15th Aug; Thu 19th Sept

Send agenda items to mail@lennoxheadcommunitypreschool.com.au no later than 7 days before.

Visit www.lennoxheadcommunitypreschool.com.au for Notes, Newsletters, Calendar Updates & Policies.

Thank you to Tarzdesigns for your expertise and beautiful web design. <https://tarzdesigns.net.au>



Supporting Anxiety as we transition

Starting school (either preschool, big school or high school) is not just about the first day. It's a process that begins when children and families start to prepare in the year before, and continues as children experience their first days, weeks and months of school. The process involves a number of changes for children and families, and everyone reacts differently.

The main changes for the children include Physical Environment, Rules and Procedures, Relationships and Learning expectations.

Families and Educators play an important role in supporting children to manage the transitions. Support to develop their social, emotional and learning skills will contribute to their mental health and wellbeing.

Learning from other transitions– Other experiences can help children develop skills for managing new situations such as starting school. They can also help you get to know how your child copes with change. Use your child's strengths and skills to support a successful transition.

The following provides you with some ideas for helping your child manage change and build on their social and emotional, independence and learning skills.

Social and emotional skills–

- Teach friendship skills: ways to introduce themselves to new children, join in play with others and be friendly and co-operative.
- Talk to your child about what being a good friend means
- Encourage sharing and taking turns: Playing with your child, following their lead and including your own perspectives will help develop their social skills.
- Playing simple board games or card games helps them to develop sharing and turn taking skills. It also helps children to cope with disappointment when they do not always win;
- Invite children to play together: Arranging for your child to get together with other children helps them to establish friendships and practise their social skills.
- Involve your child in conversations: Talking with your child and involving them in conversations can help them to learn the rules of communication such as waiting for a turn, expressing ideas and listening without interrupting;
- Help your child to manage their emotions: Emotional skills include being able to recognise, express, understand and manage a wide range of feelings. Talk to your child about what is happening and help them to describe and label the emotions they are feeling.
- Get to know other families in the school community.

Independence skills

- Encourage self-help skills these skills will give them confidence and independence
- Promote a sense of responsibility: Encouraging your child to take responsibility for tasks
- Teach your child to care for their belongings: this will minimise the amount of items which get lost at school
- Involve your child in making decisions: choices will give them practice for decisions they may need to make at school.

Learning skills

- Introduce early literacy and numeracy skills: These include your child recognising numbers and letters, and counting and writing their own name. Introduce the concept of counting and letter recognition through everyday activities. **Remember, children will get plenty of practice with reading and writing once they start school.**
- Encourage your child to focus on an activity: Encourage your child to sit and focus on an activity for a period of time.
- Encourage listening skills: Reading books or listening to CD or DVD recordings of stories is a great way to help develop your child's listening skills. Asking questions about the story can also support your child's understanding and communication skills. For example, ask questions about what has happened, what might happen next or how characters might be feeling. To promote curiosity, you might ask, "I wonder what would happen if...?"
- Help your child to follow instructions: Start by giving your child two-step instructions (e.g. put your dish in the sink and get your socks). Work towards a three step instruction without reeling the instructions... instead "I asked you to do something else, what was it?"
- Promote a hands-on approach to learning: Learning occurs through everyday play and experiences. Providing opportunities to experience new places, such as going to the library to look for books, visiting places in the community and following your child's interests (eg looking for bugs with lots of legs), will show them that learning is fun.
- Encourage hand-eye coordination: Using scissors and glue, drawing, building with blocks, helping with cooking (stirring and pouring), and throwing and catching balls can help children to learn and practise hand-eye coordination, which is important as they learn to read and write.



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