

Lennox Head Community Preschool Inc



"Children are worth the effort
Today, Tomorrow and Beyond."

EMAIL: mail@lennoxheadcommunitypreschool.com.au

Website: www.lennoxheadcommunitypreschool.com.au

21 Mackney Lane

Lennox Head 2478

Ph: 02 66877105

Mobile: 0455877105

Newsletter

April 2019

Are you a GRAPHIC DESIGNER? Would you like to donate your expertise, and in return we will advertise your business? We would love to make our Newsletter more appealing, while keeping the valuable content. Contact the office via email or see Tara or Jannette. Thank you.

Office Hours– Wednesday 8.30-3.30pm

Tues & Thurs 8am-9am & 3pm-4pm

Dates to Remember:

Term 1

Week 11– We are visiting Miss Katie at the town library for Story time... we're excited to have her back!

Term 2: Dates: Monday 29th of April-Fri 5th of July

Week 2-3 – Reptile show will be visiting the 2-day groups. This will commence at 9am. All children will need to be at preschool by 8.45 on Friday 10th and Monday the 13th of May

Week 2 – Mothers Morning on Saturday the 11th of May. There will be 2 sessions 8.30-10am and 10.30-12noon. Please select a time at your sign in area as sessions are limited.

Week 4 – University Student will be commencing for 20 days of placement

Week 6 – EG Incursion – virtual reality incursion exploring indigenous culture (2 day groups only)

Week 9 – Sea bird Rescue. The two-day children will be attending seabird rescue for our annual excursion.

Term 3: Dates: Monday 22nd of July-Friday 27th September

Week 2 – 3 – We will be visiting Dr Angus Lambie at Lennox Dental to further develop why/how we look after our oral health

Week 4 – Gigalees clowns will be visiting all the preschool groups throughout the week

Week 9 – Proposed Fathers Morning. We are suggesting changing the father's night to father's morning to hopefully provide more opportunity for all family dynamics. Pencil it in Saturday the 21st of September

Week 10 – the 2-day groups will be visiting Trevor at the Lennox Head Butchery and Deli to further learn about our organs and bodies.

Term 4: Dates: Monday 14th October—Thursday 12th December (Friday 14th is Pupil Free Day)

Week 6 – SAVE THE DATE – concert nights for 2-day groups on Nov 19th and 21st (at this stage)

Week 9 – SAVE THE DATE – carols in the park Sunday the 1st Dec (subject to change)

Week 9 – Dr Hubble Bubble will be visiting for an end of year performance

New Preschool Update

Many families are curious and asking about the new centre. We will be adding information to our monthly newsletter to pass onto you as we receive it. At this stage we have no NEW information to pass on. However, we can confirm the council are working hard on this project. At this stage we will be located where the new round-a-bout will be developed. It will be an ADDITIONAL centre (not a relocation). The preschool licence will be over the 2 locations. If/when we have any new information, we will let you know ☺

MOTHERS MORNING

Saturday the 11th of May

There will be 2 sessions

8.30-10am and 10.30-12 noon

Please register which session you will be attending, at your sign in area, as there are limited spaces. ☺

Term 1 Raffle Winners

Spot of Beauty by Helen voucher –

Asher Agnew TFW

Lash on Wax Off Voucher –

Sonny Price WW

Quattro Voucher –

Maximus Aboody TFD

Rugby Tots Voucher –

Piper Hewett MTD

Next Preschool Management Meeting – Thursday 11TH of April at 7pm at the preschool (open to all parents) If you would like anything added to the agenda, please email the preschool by 9th April

School Stream– if you are seeking notes, newsletters, calendar dates to remember, or our policies please head to:

www.lennoxheadcommunitypreschool.com.au

Thank you to Tarzdesigns for your expertise and beautiful web design. <https://tarzdesigns.net.au>

SUPPORTING INDEPENDENCE

YOUR CHILDREN ARE A LOT MORE CAPABLE THAN YOU THINK!

At Preschool the children are encouraged to take responsibility for themselves, their belongings, their decisions and choices at all stages throughout the day.

This involves but is not limited to such things as putting their own lunch in the fridge, putting on their own pants, answering their own questions (through both exploration and thinking), washing up their own plate, packing away areas they have played at, putting away their own craft and organizing their own belongings and locker area.

Sometimes in our daily lives it can be quicker to just answer their questions or do it for them but in taking the time and opportunity you can support the increase of independence and build confidence in their own ability (as well as significantly support their processing and planning. Brain development). In the long run this will also help you, a lot!

As the child learns the benefits of order resulting from cooperation, he begins to view himself as a person who is capable of making a contribution to others. Growth in this area is best acquired developmentally, whereby the child becomes useful and needed at an early age, with the expectation of becoming more self-reliant and independent as time passes.

This list is ACCUMULATIVE. As the child advances in age they can continue to maintain past responsibilities as well as assuming new ones. Tasks that are the child's own personal responsibility, such as making their bed and tidying their room, we should no longer do for them. Tasks that help the whole family may be rotated, or a choice of chores may be given.

This list, meant to suggest possibilities, is only a starting point subject to the situation and creativity of the adult.

In gaining these responsibilities, it may be wiser to proceed gradually.

This involves encouraging each child to 'TRY' and 'HAVE A GO' at new things. E.g. 'I can't put my own pants on...' suggest sitting down and trying and if you need help I am right here.

If your child asks you a question answer it with another question with a prompt to the answer e.g. What's the time? (You are setting the table for dinner) Answer – Hmm if I am setting the table what do you think the time might almost be?

AGE APPROPRIATE HOME RESPONSIBILITIES FOR 3-4 yrs

1. Setting the table. 2. Putting groceries away. 3. Help with grocery list and shopping. 4. Follow a schedule to feed pets. 5. Assists with work in yard and garden. 6. Sweep, mop, and vacuum. 7. Make own bed (keep linens simple) 8. Helps load dishwasher and wash dishes. 9. Prepare food and learn simple recipes. 10. Share toys with friends. 11. Getting the mail. 12. Should be able to play without constant adult supervision. 13. Sharpen pencils. 14. Uses simple manners, such as "Please", "Thank you", "Excuse me". 15. Dresses independently except for small buttons or ties. 16. Independently uses the bathroom, washes hands, brushes teeth and hair. 17. Clean up what they drop after eating. Clean up spills. 18. Pick up toys as finished and put in proper place

AGE APPROPRIATE HOME RESPONSIBILITIES FOR 5-6 yrs

1. Help with meal planning and grocery shopping. 2. Help prepare lunch to take to school. 3. Set the table. 4. Peel carrots and potatoes. 5. Involved in more challenging preparation of food, including baking and cooking, with assistance. 6. Make bed and straighten room. 7. Choose clothing the night before, dresses self. 8. Ties shoes. 9. Attends to personal hygiene. 10. Fold clothes and puts them away. 11. Answer the phone properly. 12. Yard work and gardening. 13. Feed pets and clean their living area.

Before assigning duties, it would be helpful to keep the following principles in mind:

1. Allow the children choices in which jobs they would like to do. To do nothing is NOT an acceptable choice. They follow through with the choice or accept the consequences.
2. Allow the consequences to follow logically from the uncompleted job. Do not discuss beforehand what will happen if someone does not fulfil the commitment.
3. Vary the tasks. Children become easily bored with the same chores. They like new challenges.
4. Children like to move on to more challenging work; new privileges that they can take on now that they are bigger/stronger/older.
5. Remember that you are the model of "order". Do not expect an orderliness and cleanliness from children that you do not expect of yourself.
6. Examine your personal standards. Perhaps you are a perfectionist, you feel uncomfortable if things are slightly out of order or are concerned about what others think. Learn to accept the house as a place of activity for family members, not as a reflection of your personal worth.
7. Probably most difficult: never do for the child what he can do for himself.

Current 2019

Sponsors

Newsprout Web Hosting -
66876533

<https://newsprout.com.au/>

Tarz Designs –

<https://tarzdesigns.net.au>

0423659144

Swell Plumbing – 0439 105
648

Kevin McNally Plumbing

– 043952447

All Pest Solutions -

1300854366

Woodrabbit – 66813221

Lennox Gelato & Coffee Co

JDL Electrical –

0427859124

Dr May Marr – 66875202

Roofing Craftsmen –

0266862785

Quattro - 0266876950

Lennox Point Dental –

0266876190

Lennox Butchery and Deli –

0266877232

Tidy Yard Sack Service –

0266874929

Lennox Head Rural Fire

Service

iWok – 0266877478

Lash On Wax Off - 0467 448

690

Rugby Tots – 0457000233

A Spot of Beauty by Helen –

0405004505

